

Curriculum activity risk assessment

Running Events

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Activity scope

This document relates to student participation in track running events as a curriculum activity.

The requirements of this risk assessment apply to running events, including sprints, relays, middle/long distance, walks, hurdles and cross-country events.



Risk level

The actual risk level will vary according to the specific circumstances of the activity and these **must** be considered when assessing the inherent risk level and planning the activity. As a starting point, ask the following questions:

- Which students will be involved?
- Where will the students be?
- What will the students be doing?
- Who will be leading the activity?
- What will the students be using?

Inherent risk level		Action required / approval
<input checked="" type="checkbox"/>	Medium	<input checked="" type="checkbox"/> Record controls in planning documents and/or complete this <i>Curriculum Activity Risk Assessment</i> . <input checked="" type="checkbox"/> Consider obtaining parental permission.

Teachers/leaders:	Peter Robinson		
Activity description:	BDSSS Teams Cross Country event. @ ST LUKE'S 4pm to 5pm on April 20.		
Start date:	20/4/16	Finish date:	20/4/16
No of students (approx.):	400		
Class groups:	Yr 7 - Yr 12		Supervision ratio (approx.):
			2 / school 7 schools.



Listed below are the minimum recommendations for this type of activity. For any items ticked 'No', provide further information regarding the additional or alternate controls to be implemented for the safe conduct of the activity.

Minimum supervision	
Adequate adult supervision is to be provided. In determining what is adequate, consider the number of students, their individual needs, and the nature of the activity. If an adult other than a registered teacher is engaged for instruction, a teacher should be present to take overall responsibility. <u>Blue Card</u> requirements must be adhered to.	
<input checked="" type="checkbox"/>	Registered teacher with minimum qualifications as outlined below
OR	
<input type="checkbox"/>	An adult with minimum qualifications as outlined below, in the presence of a registered teacher
Further information: <div style="text-align: center; font-family: cursive;"> Students + Teachers from all BPSSS affiliated schools are invited to attend </div>	

Minimum qualifications	
The qualifications listed in this section are minimums for each type of situation. Leaders are encouraged to seek training to raise their qualification level above the minimum listed.	
<input checked="" type="checkbox"/>	Current first aid qualifications including Cardio Pulmonary Resuscitation (CPR) or ready access to first aid facilities, including qualified personnel.
<input type="checkbox"/>	<u>Blue Card</u> requirements met
Medium — Some chance of an incident and injury requiring first aid	
For a registered teacher:	
<input type="checkbox"/>	Level One Accreditation from the <u>Australian Track and Field Coaches Association</u>
OR	
<input checked="" type="checkbox"/>	Competence (demonstrated ability/experience to undertake the activity) in the teaching of running events
A teacher could demonstrate their competency through their:	
<input checked="" type="checkbox"/>	knowledge of the activity and the associated hazards and risks
<input checked="" type="checkbox"/>	experience (i.e. previous involvement) in undertaking the activity
<input checked="" type="checkbox"/>	demonstrated ability and/or expertise to undertake the activity
<input type="checkbox"/>	possession of qualifications related to the activity.
For a leader other than a registered teacher:	
<input type="checkbox"/>	Another adult with Level One Accreditation from the <u>Australian Track and Field Coaches Association</u>
Further information: <div style="text-align: center; font-family: cursive;"> Individual School teachers look after their own school students. Each school responsible for their students. </div>	

Minimum equipment/facilities	Yes	No
First aid kit suitable for activity	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Communication system:	<input checked="" type="checkbox"/> phone-line at location <input checked="" type="checkbox"/> mobile phone <input type="checkbox"/> walkie talkies/UHF radio <input type="checkbox"/> student/adult messenger	
Other:		
Sun safety equipment (hat, sunscreen, shirt etc)	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Drinking water (students should not share drinking containers)	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Sufficient space at any finish lines to allow for deceleration	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Environmental Protection Agency (EPA)-approved line marking materials (refer to <u>Schools' Officer Folder</u> or your regional senior Occupation Health and Safety consultant for further information.)	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Track facilities (where appropriate) that adhere, as close as practicable, to <u>International Association of Athletics Federation (IAAF)</u> specifications	<input type="checkbox"/>	<input type="checkbox"/>
Further information:		
<p>Teams Cross Country is 2km Cross Country event. Course is marked with a line on the ground for 90% of the way Students cannot get lost - as take a wrong turn officials on the course as well and phones.</p>		

Governing bodies/associations	Yes	No
Guidelines/codes of practice are established for this activity. See <u>International Association of Athletics Federation, Australian Track and Field Coaches Association</u> Have these been considered during the planning of this activity?	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Further information:		

Hazards and suggested control measures

All persons engaging in this activity should:

- identify the hazards, including any additional hazards not mentioned here
- assess their significance
- manage the potential risks.

Listed below are indicative hazards/risks and suggested control measures. They are by no means exhaustive lists. After checking these, add details of any other identified hazards/risks and additional controls you intend to implement.

Hazards/risks	Control measures	Yes	No	Implementation plan / Additional controls
Biological material <ul style="list-style-type: none"> • Body fluids (e.g. blood, saliva, sweat) 	<ul style="list-style-type: none"> • Comply with <u>Infection Control Guideline</u>. Students with open cuts and abrasions are to be removed from the activity and treated immediately. If bleeding cannot be controlled completely, the participant should not be allowed to return to the activity. All clothing, equipment and surfaces contaminated by blood should be treated as potentially infectious. • Have sufficient and suitable containment material (bandages etc.) readily available. 	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>	
Environmental conditions <ul style="list-style-type: none"> • Weather • Surfaces • Surrounds • Equipment 	<ul style="list-style-type: none"> • Assess weather conditions before and during activity (e.g. temperature, storms). • During all practice and competition sessions, ensure all equipment and lanes comply with <u>IAAF specifications</u>. • Assess suitability of all running tracks (e.g. level, inclines, obstacles, supervision, type of surface, debris, potholes/divots in ground, line markers) before and during activity. • Ensure that all starting blocks, pegs etc. are removed from track and stored safely when not in use. • Ensure that students stay in their lanes during baton changes and for a safe period afterwards for relays. 	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	

Hazards/risks	Control measures	Yes	No	Implementation plan / Additional controls
	<ul style="list-style-type: none"> Supervise relay change areas at all times. 	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
Noise (loud and/or continuous) <ul style="list-style-type: none"> Starting pistols 	<ul style="list-style-type: none"> Always wear hearing protection. Refer to <u>Health and Safety Fact Sheet: Hearing Protection for Manual Arts, Industrial Technology & Design Teachers and Teacher-aides and Noise Code of Practice 2004</u> for further information. 	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
Physical exertion <ul style="list-style-type: none"> Strains and sprains Cramps Exhaustion and fatigue 	<ul style="list-style-type: none"> Have appropriate warm-up and warm-down activities. Follow progressive and sequential skills development. Have ice packs available. Continuously monitor students for signs of fatigue and exhaustion. 	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
Sharp implements or objects <ul style="list-style-type: none"> Spikes 	<ul style="list-style-type: none"> Instruct students in safety procedures for the use of spikes. Ensure that spikes are not worn by students when learning baton changing for relays. Ensure that students are spaced sufficiently at the start of middle, long distance and walk events to avoid collisions or spike injuries. 	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
Students <ul style="list-style-type: none"> Student numbers -- control -- adequate adult supervision Special needs High risk behaviours Medical conditions 	<ul style="list-style-type: none"> Obtain parental permission, including relevant medical information. When students with medical conditions are involved, ensure that relevant medical/emergency plans and medications are readily available (insulin, Ventolin, EpiPen, etc.) Refer to Individual education plan/Educational adjustment plan/Behaviour management plan and other student documents. Where necessary, obtain advice from relevant advisory visiting teachers or specialist teachers 	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	

Hazards/risks	Control measures	Yes	No	Implementation plan / Additional controls
	<ul style="list-style-type: none"> Ensure there is adequate adult supervision. Ensure systems are in place to monitor student numbers. 	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
		<input checked="" type="checkbox"/>	<input type="checkbox"/>	

Additional control measures	
<i>These would relate to the specific student needs, location and conditions in which you are conducting your activity.</i>	
Hazards/risks	Control measures
Supervise a 2km course	Staff are stationed around the course every 100/200m or wherever a turn is. Students cannot get lost or take a wrong turn.

Submitted by: <u>Peter Robura</u>	Date: <u>6/4/16.</u>
List the names of those who were involved in the preparation of this risk assessment. <u>Peter Robura</u>	

Approval	
<input type="checkbox"/>	Approved as submitted:
<input type="checkbox"/>	Approved with the following condition(s):
<input type="checkbox"/>	Not approved for the following reason(s):
By:	Designation:
Signed:	Date:
Once approved, activity details should be entered into the <i>School Curriculum Activity Register</i> by administrative staff.	
Reference no.	

Monitor and review <i>To be completed during and/or after the activity and/or at the completion of the series of activities.</i>	Yes	No
Are the control measures still effective?	<input type="checkbox"/>	<input type="checkbox"/>
Have there been any changes?	<input type="checkbox"/>	<input type="checkbox"/>
Are further actions required?	<input type="checkbox"/>	<input type="checkbox"/>
Details:		

Important links

- SCM-PR-002: School Excursions
<http://education.qld.gov.au/strategic/eppr/schools/scmpr002/>
- HLS-PR-003: First Aid
<http://education.qld.gov.au/strategic/eppr/health/hlspr003/>
- HLS-PR-004: Infection Control and Management of Prescribed Contagious Conditions
<http://education.qld.gov.au/strategic/eppr/health/hlspr004/>
- Infection Control Guideline:
http://education.qld.gov.au/health/pdfs/healthsafety/infection_control_guideline.pdf
- HLS-PR-005: Health and Safety Incident Reporting and Notification
<http://education.qld.gov.au/strategic/eppr/health/hlspr005/>
- HLS-PR-013: Developing a Sun Safety Strategy
<http://education.qld.gov.au/strategic/eppr/health/hlspr013/>
- HRM-PR-010: Working with Children Check – Blue Cards
<http://education.qld.gov.au/strategic/eppr/hr/hrmpr010/>
- Get Active Queensland Accreditation Program
<http://www.sportrec.qld.gov.au/CommunityPrograms/Schoolcommunity/GetActiveQueenslandAccreditationProgram/Courseinformation.aspx>

Further information

For further information on incorporating risk management strategies into curriculum activity planning refer to [HLS-PR-012 Managing Risks in Curriculum Activities](#) and the associated list of [Curriculum Activity Risk Assessment Guidelines](#). (See: <http://education.qld.gov.au/strategic/eppr/health/hlspr012/index1.html>)

For further support with risk management training and advice, contact trained staff in schools such as Workplace Health and Safety Officers (WHSOs) and Workplace Health and Safety Representatives (WHSRs), and regional staff such as Senior Health and Safety Consultants.

Reset

Print

Uncontrolled copy. Refer to [HLS-PR-012: Curriculum Activity Risk Management](#) at <http://education.qld.gov.au/strategic/eppr/health/hlspr012/> for master.