Curriculum activity risk assessment

Hockey



Activity scope

This document relates to student participation in Hockey as a curriculum activity including the teaching of hockey skills, team training and competition matches conducted by schools.

This document does not relate to student participation in other lead-up games, including Minkey or Hook In 2 Hockey.



The actual risk level will vary according to the specific circumstances of the activity and these **must** be considered when assessing the inherent risk level and planning the activity. As a starting point, ask the following questions:



- What will the students be doing?
- What will the students be using?



- Where will the students be?
- Who will be leading the activity?

Inherent risk level				Action required / approval				
	Medium	Como chance of an	Ø	Record controls in your planning documents and/or complete this Curriculum Activity Risk Assessment.				
		requiring first aid	Ø	Consider obtaining parental permission.				

Teachers/leaders: Craig Martin, Robin Wust, David Lassig Activity description: Bundaberg District Inter School Sport - Played after school as part of the BDSSS competetion

Start date: 19/07/2017	Finish date: 30/08/2017	No of students (approx.): 60		
Class groups: Year 7 to Year 12		Supervision ratio (approx.): 1:14		



Date Modified: 13 August 2010

Listed below are the minimum recommendations for this type of activity. For any items ticked 'No', provide further information regarding the additional or alternate controls to be implemented for the safe conduct of the activity.

Minimum supervision

Adequate adult supervision is to be provided in determining what is adequate, consider the number of students.

Adequate adult supervision is to be provided in determining what is adequate, consider the number of students	Minimum supervision					
Adequate adult supervision is to be provided In determining what is adequate, consider the number of students, their individual needs, and the nature of the activity.						
If an adult other than a registered teacher is engaged for instruction, a teacher should be present to take overall responsibility. Blue Card requirements must be adhered to.						
Registered teacher with minimum qualifications as outlined below OR						
An adult with minimum qualifications as outlined below, in the presence of a registered teacher						
Further information:						
Minimum qualifications						
The qualifications listed in this section are minimums for each type of situation. Leaders are encouraged to see training to raise their qualification level above the minimum listed.	(
Current first aid qualifications including Cardio Pulmonary Resuscitation (CPR) or ready access to first facilities, including qualified personnel.	aid					
✓ Blue Card requirements met						
Medium – Some chance of an incident and injury requiring first aid						
For a registered teacher:						
Competence (demonstrated ability/experience to undertake the activity) in the teaching of hockey and ideally Get Active Queensland Hockey Coaching Accreditation.						
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Minimum equipment/facilities If 'No' is ticked, provide further information.	Yes	No
First aid kit suitable for activity	V	
Communication system: valkie talkies/UHF radio valkies/UHF	ssenger	
Sun safety equipment (hat, sunscreen, shirt etc)	[7]	
		-
Drinking water (students should not share drinking containers)	<u> </u>	H
Wherever possible, fields should be orientated as close as possible to north-south	✓	
The playing surface must continue (to create 'run-off' areas) for a minimum of two metres at the back-lines and one metre at the side-lines with an additional unobstructed one metre in each case (that is, a total of three metres at the ends and two metres at the sides of the field). These are minimum requirements with the respective recommended areas being three plus two metres and one plus three metres (that is, a total of five metres at the ends and four metres at the sides of the field). International Hockey Federation Field and Equipment Specifications	✓	
On natural grass fields, the goal posts are usually fixed into sockets of some sort. However, on synthetic turf this is not recommended. Instead, the complete goal structure should be placed in position on the playing surface and should be sufficiently heavy and/or secured at its rear to avoid easy movement.	7	E C
The inside surface of metal backboards must be covered with a shock-absorbing material such as thick rubber sheeting, which greatly reduces ball rebound. It is dangerous to players if the ball rebounds at speed from the backboard.	V	
Hockey goals must comply with the requirements of the Rules of Hockey, European Normation: EN750. International Hockey Federation Pitch Furniture	V	
Goals should be constructed from steel or heavy-duty aluminium which is more commonly used. (Do not use lightweight aluminium). Aluminium should be sufficiently heavy to avoid movement of the structure. The internal cross-section of aluminium posts and cross-bars should be reinforced to avoid denting and splintering on impact. Reinforcement should preferably be of the same material and manufactured as an integral part of the cross section. Reinforcement with wood is not recommended because the timber may rot.	7	
The goals should not have any additional fittings that could cause danger to players.	V	
Players must wear shin guards. Mouth guards are recommended.	✓	
Goalkeepers must wear protective equipment comprising of (at least) headgear (i.e. helmet with face mask, throat protector), leg guards, kickers, leg pads, foot pads, chest protector, 'box' (male) and gloves. Goalkeeper protective equipment is described in the International Hockey Federation Rules of Hockey .	V	
Further information: Students who do not have mouth guards will be required to provide a parental note explaining the risk associated with not wearing a mouth guard.	at are awa	re of the

Governing bodies/associations If 'No' is ticked, provide further information.	Yes	No
Guidelines/codes of practice are established for this activity.	7	
See International Hockey Federation	, /)	:. :
Have these been considered during the planning of this activity?		
If you are organising competitions or other events, have you referred to Queensland School Sport Unit?		
Further information:		

Hazards and suggested control measures

All persons engaging in this activity should:

- · identify the hazards. including any additional hazards not mentioned here
- assess their significance
- manage the potential risks.

Listed below are indicative hazards/risks and suggested control measures. They are by no means exhaustive lists. After checking these, add details of any other identified hazards/risks and additional controls you intend to implement.

Hazards/risks	Control measures	Yes	No	Implementation plan / Additional controls
Biological Material Body fluids (e.g. blood, saliva, sweat)	Comply with Infection Control Guideline. Students with open cuts and abrasions are to be removed from the activity and treated immediately. If bleeding cannot be controlled completely, the participant should not be allowed to return to the activity. All clothing, equipment and surfaces contaminated by blood should be treated as potentially infectious. Have sufficient and suitable containment material (bandages etc.) readily	< < >		
Environmental Conditions	Assess weather conditions before and during activity (e.g. temperature, storms).	V		

Hazards/risks	Control measures	Yes	No	Implementation plan / Additional controls
 Temperature Weather conditions Playing field and surrounds 	Assess suitability of playing field (e.g. level, debris, potholes/divots in ground, line markers, corner flags, buildings, pedestrian traffic and other activities) before and during activity. Please note that if field is wet, special care should be taken when hitting ball to prevent dangerous undercutting.	7		
	Note that it is recommended that every synthetic hockey pitch is surrounded by a barrier.	✓		
	Consider erecting a safety screen of chain-link mesh behind each goal, the location where balls are most likely to leave the playing area, often at speed. Spectators seated or standing near or behind a goal are clearly in danger of being injured by a ball travelling at high speed.	V		
EquipmentBallsNets/goalsSticks	Check all equipment for damage, wear and tear, splintering and rough edges before play, and remove where necessary.	7		
International Hockey Federation	Ensure that the method of fixing nets to the goal-posts and crossbar is secure and safe. Metal cup-hooks should not be used and any spring hooks should have screw caps.	V		
	Use a single ball during goalkeeper practice.	Ø		
	Retrieve balls simultaneously when using several balls during practice sessions.	V		
Physical Exertion	Have appropriate warm-up and warm-down activities.			Rules will be modified to reduce risk associated with penalty corners
StrainsSprains	Follow progressive and sequential skills development.	☑		associated with perialty corners
 Exhaustion and fatigue 	Have ice packs available.			
	Continuously monitor students for signs of fatigue and exhaustion.			
	Adhere to modified rules where appropriate (Minkey, Hook In 2 Hockey etc. available from Hockey Australia [registration necessary]).		7	

Hazards/risks	Control measures	Yes	No	Implementation plan / Additional controls	
Students • Special needs • High risk behaviours	Obtain parental permission, including relevant medical information.	V			
Medical conditions Student numbers	When students with medical conditions are involved, ensure that relevant medical/emergency plans and medications are readily available (insulin, Ventolin, Epipen, etc.)	7			
	Refer to Individual education plan/Educational adjustment plan/Behaviour management plan and other student documents.	7			
	Where necessary, obtain advice from relevant advisory visiting teachers or specialist teachers.	V			
	Ensure there is adequate adult supervision.	7			
		L			
Additional cont		and con	ditions	in which you are conducting your activity.	
Hazards/risks	C	ontro	meas	ures	
Submitted by: Craig Martin Date: 17/07/2017					
List the names of those who were involved in the preparation of this risk assessment. Distributed to all members of the BDSSS Hockey Subcommittee.					

Appro	oval				
V	Approved as submitted;				
	Approved with the following condition(s):	96			
	Not approved for the following reason(s):				
By: Cra	ig Martin hogg hobertson	Designation: BDSSS (Chair / PM	napa	/
Signed:	I holest	Date: 17/07/2017			
	oproved, activity details should be entered into the Register by administrative staff.	School Curriculum	Reference No).	
complet	or and review To be completed during and/district formula to the series of activities.	or after the activity and/o	r at the	Yes	No
-	control measures still effective? ere been any changes?			井	#
	her actions required?			\exists	H
Details:					

Important links

- SCM-PR-002: School Excursions http://education.qld.gov.au/strategic/eppr/schools/scmpr002/
- HLS-PR-003: First Aid http://education.qld.gov.au/strategic/eppr/health/hlspr003/
- HLS-PR-004: Infection Control and Management of Prescribed Contagious Conditions http://education.gld.gov.au/strategic/eppr/health/hlspr004/
- Infection Control Guideline: http://education.qld.gov.au/health/pdfs/healthsafety/infection-control-guideline.pdf
- HLS-PR-005: Health and Safety Incident Reporting and Notification http://education.qld.gov.au/strategic/eppr/health/hlspr005/
- HLS-PR-013: Developing a Sun Safety Strategy http://education.qld.gov.au/strategic/eppr/health/hlspr013/
- HRM-PR-010: Working with Children Check Blue Cards http://education.gld.gov.au/strategic/eppr/hr/hrmpr010/
- HLS-PR-006: Managing Occupational Risks with Chemicals http://education.gld.gov.au/strategic/eppr/health/hlspr006/hs16.pdf
- Queensland School Sport Unit www.schoolsport.gld.edu.au
- Get Active Queensland Accreditation Program
 http://www.sportrec.qld.gov.au/CommunityPrograms/Schoolcommunity/GetActiveQueenslandAccreditation-Program/Courseinformation.aspx
- Hockey Australia Constitution and Policy http://www.hockey.org.au/index.php?id=59
- Hockey Australia Junior Policy
 http://www.hockey.org.au/fileadmin/user-upload/Game-Development/GD-Policies/HAJHPcopy-final.pdf
- International Hockey Federation
 http://www.sportcentric.com/vsite/vorg/page/home/0,10822,1181-18543-19693-28358-108316-custom-item,00.html

Further information

For further information on incorporating risk management strategies into curriculum activity planning refer to HLS-PR-012 Managing Risks in Curriculum Activities and the associated list of Curriculum Activity Risk Assessment Guidelines. (See: http://education.qld.gov.au/strategic/eppr/health/hlspr012/index1.html).

For further support with risk management training and advice, contact trained staff in schools such as Workplace Health and Safety Officers (WHSOs) and Workplace Health and Safety Representatives (WHSRs), and regional staff such as Senior Health and Safety Consultants.



